



## **Package #1: Adventure Aboriginal Discovery**

---

### **DAY 1**

---

*Departure from Montreal aboard a chartered flight to Schefferville and then by hydroplane from Schefferville to the George River and the traditional camp. Night under the tent (dinner only).*

#### **Morning**

- Chartered flight from Montreal to Schefferville (approximate flight time: 2 hr 30 mins). Transfer to the George River by hydroplane (1 hr 30 mins flight).

#### **Afternoon**

- Arrival of clients.
- Group meeting to go over the itinerary of the visit and give out general information.
- Discussion about expectations.
- Free time.
- Preparation of the meal and introduction to the preparation and cooking of the banique (type of Native bread). Meal with conventional menu and sampling of traditional Innu cuisine.

---

### **DAY 2**

---

*General presentation on Aboriginal peoples and the Innu. Visit and interpretation of the camp. Exploration of the surrounding area. Preparation of traditional cuisine (caribou, salmon, etc.). Traditional style lunch and evening meal. Night under the tent.*

#### **Morning**

- Presentation on the history of the Mushuau-nipi. This well-researched presentation takes place in the tent. Tea and a light snack will be served. The following themes are discussed:
  - The territory of the Mushuau-nipi after glaciation;
  - Plant and animal life;
  - The history of human settlement in northern Québec.
- Visit and interpretation of the camp.
- Meal with conventional menu and sampling of traditional Innu cuisine.

## **Afternoon**

- Exploration of the surrounding area.
- Presentation on the ecology and the human settlement of the Mushuau-nipi:
  - The First Nations of Québec ;
  - The Innu presence in Québec ;
  - The Innu and the North;
  - The traditional way of life of the Innu;
  - The contemporary way of life of the Innu.
- Free time.
- Evening around the campfire with an introduction to the Innu language, interpretation of the drum (tueuikan), songs, Native stories and legends, followed by a night under the tent.

---

## **DAY 3**

---

*Guided excursions with a motorized canoe to archaeological and historic sites. Lunch taken on the river. Traditional style evening meal and night under the tent in a secondary camp chosen by the group. Return to main camp on Day 4.*

## **Morning**

- Hearty breakfast.
- Guided outing to sites of natural interest.
- Meal by the river.

## **Afternoon**

- Continuation of the excursion to sites of historic and archaeological interest.
- Selection, preparation, and installation of secondary camp.
- Preparation of meal with conventional menu and sampling of traditional Innu cuisine.
- Evening around the campfire with the telling of stories and legends, and then a night under the tent.
- Sleep by the river.

---

## **DAY 4**

---

*Guided excursions with a motorized canoe to archaeological and historic sites. Lunch taken on the river. Return to main camp.*

## **Morning**

- Hearty breakfast.
- Guided outing to sites of natural interest.
- Meal by the river.

### **Afternoon**

- Continuation of the excursion to sites of historic and archaeological interest.
- Return to main camp.

---

## **DAY 5**

---

*Interpretation of the caribou. Demonstration on the use of animals (caribou, bears, etc.). Guided hike onto the tundra. Makusham in the evening (banquet and traditional dress). Night under the tent (3 meals provided).*

### **Morning**

- Hearty breakfast.
- Demonstration on how to dress a caribou:
  - Cutting up of the caribou and the making of tools from the bones in order to dress the skin.
- Demonstration on the use of the skin:
  - Making of leather from smoked caribou and its uses;
  - Babiche making (the webbing of a snowshoe).
- Preparation of meal with conventional menu and sampling of traditional Innu cuisine.

### **Afternoon**

- Hike in the forest and interpretation of the fauna and flora.
- Crafts demonstration and presentation of products.
- Banquet with traditional dress.

---

## **DAY 6**

---

*Breakfast only. Return by hydroplane from the George River to Schefferville and then by chartered flight to Montreal.*

### **Morning**

- Final breakfast.
- Reflections on the visit.
- Departure for Schefferville, then chartered flight to Montreal.